



# Office of Food & Nutrition Services

CEC Presentation  
May & June 2022

# Agenda

## Overview

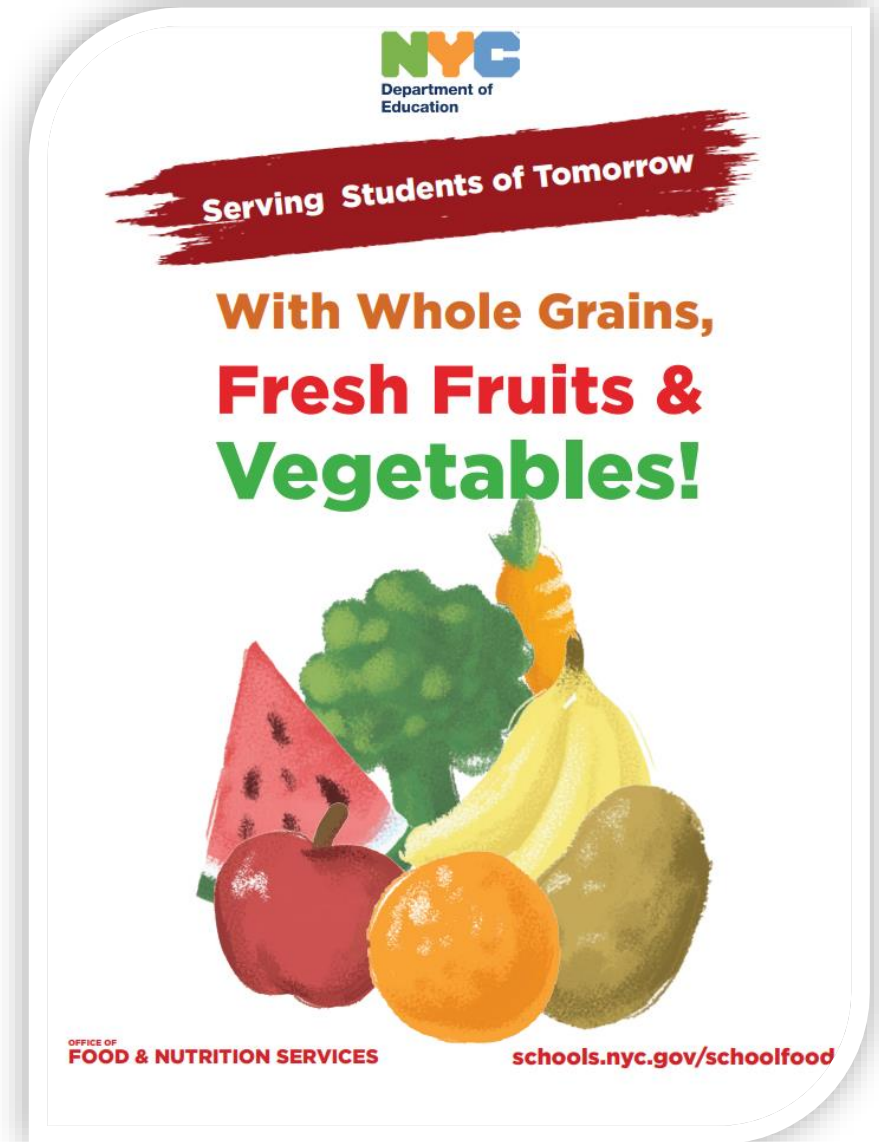
- School meal program overview
- Federal meal requirements
- DOE food quality standards and options

## Feedback

- We want to hear from YOU
- Feedback will be incorporated into future menus and the dining experience

## Goal

The DOE is committed to providing healthy options for our children.



# DOE's School Food Program: Overview



**25  
MENUS**



**500+  
RECIPES**



**1800  
SCHOOLS**



**~1,000,000  
STUDENTS**



**~900,000  
MEALS DAILY**

OFFICE OF FOOD & NUTRITION SERVICES MENUS ARE

# STUDENT DRIVEN

FREQUENT TASTE TESTINGS

WE CARE ABOUT YOUR FEEDBACK!

# Breakfast Menu Features

- Seasonal fresh fruits
- Local dairy items
- Whole grains, low-fat, high fiber, & limited sugar items
- No sugary fruit juice offered



# Lunch Menu Features

- Meatless Monday
- Plant-Powered Fridays
- Reduced processed deli meats
- Locally sourced products
- Seasonal fresh fruits & vegetables
- Multiple menu options are available daily
- Menu identification (V & VE)



**Energize with  
Whole Grains,  
Fresh Fruits &  
Vegetables!**



**FOOD &  
NUTRITION**

[schools.nyc.gov/schoolfood](https://schools.nyc.gov/schoolfood)

# Salad Bars, Fresh Fruit & Produce

Fresh Salad Bars have been in over 1,000 schools across the city for several years, providing an opportunity for student's to consume unlimited amounts of fresh vegetables and a variety of healthy and nutritious salads!

This opportunity for self-serve salad bars enhances the student's nutritious lunch experience and gives them a chance to try new foods.



**OFNS continues its dedication to a plant-forward menu: offering vegetarian and vegan items daily, serving local seasonal fresh fruits and vegetables, reducing processed meats, and increasing our plant-based offerings.**





### Breakfast

At breakfast, schools must offer students all 3 required food components.



### Lunch

At lunch, schools must offer students all 5 required food components.



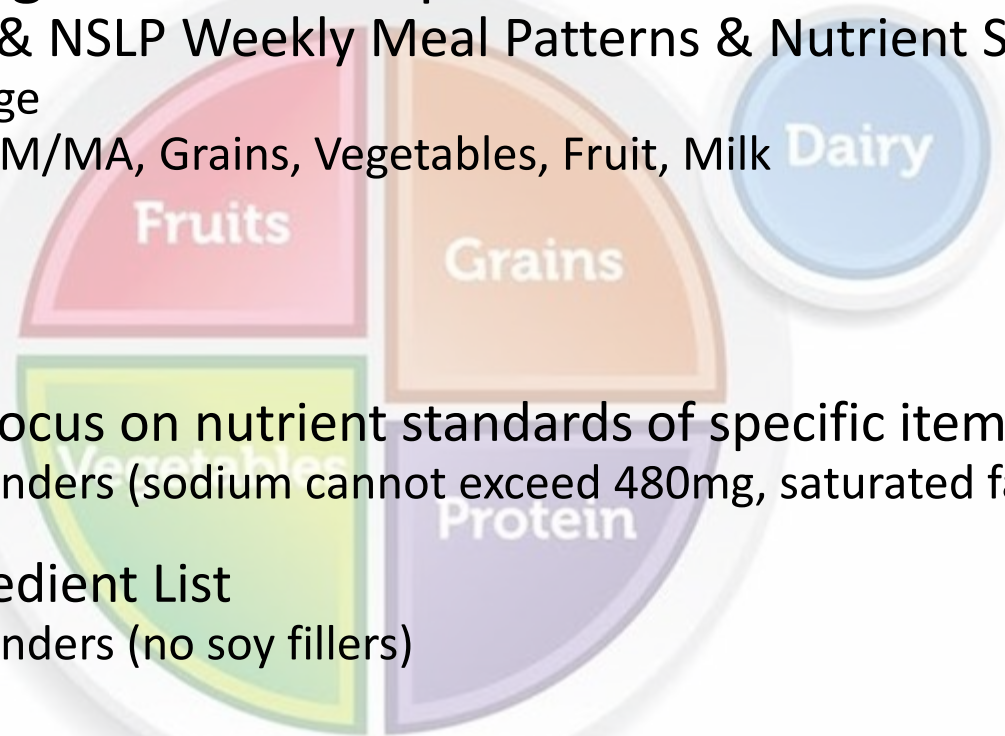
### USDA Weekly Average Nutrient Requirements

### NYC Health Nutritional Standards

Breakfast			Lunch			Meals / Snacks Served <sup>1</sup>	Snack Standards <sup>1</sup>
K-8	6-8	9-12	K-8	6-8	9-12		
400-500	400-550	450-600	600-650	600-700	750-850	standards based on serving size	
≤ 540	≤ 600	≤ 640	≤ 1230	≤ 1360	≤ 1420	Refer to USDA requirements (on left)	≤ 200 calories
Not Applicable						Maximum 480 mg per serving, less for specified items	≤ 200 mg
Less than < 10%						≤ 35% of total calories	≤ 7g of fat
0g of trans fat per serving						< 10% of total calories	No more than 2g
N/A						0g of trans fat per serving	
Our meals average 14g of fiber per day						Cereals must contain ≤ 6g sugar.	
						Grain Items must contain 2g or more of fiber per serving	

# Menu Nutrition Standards

- OFNS has the following standards in place
  - Federal: USDA NSBP & NSLP Weekly Meal Patterns & Nutrient Standards
    - Varies by Grade & Age
    - Meal Components: M/MA, Grains, Vegetables, Fruit, Milk
    - Nutrients of Focus
      - Calories
      - Sodium
      - Total & Sat Fat
  - NYC Food Standards focus on nutrient standards of specific items
    - Example: Chicken Tenders (sodium cannot exceed 480mg, saturated fat cannot exceed 10% of total calories)
  - OFNS Prohibited Ingredient List
    - Example: Chicken Tenders (no soy fillers)
  - OFNS Specification
    - Example: Chicken Tenders (NAE, humanly raised, 51% whole grain breading )



# HALAL

- Certified Halal sites
- Halal chicken items
- Items reviewed and identified as Halal (H) on the menu



**FEED YOUR MIND**

**APRIL 2022: Pre-K - 8 Lunch Menu With Halal Option (H)**

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Lunch Specials Offered Every Day</b>            Peanut Butter and Jelly* (Vc) H            Hummus and Pretzels            Crab &amp; Co (Vc) H            Hot or Cold Cheese Sandwich (V) H</p> <p><b>Tuesday, Wednesday and Thursday</b>            Funs or Turkey Sandwich</p> <p><b>Monday and Friday</b>            Assorted Vegan Wraps (Vc)            Options may vary by location</p>			 <p>WE'RE PROUDLY CELEBRATING LOCALLY SOURCED &amp; PRODUCED FOOD! ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.</p>	<p>Vegan Veggie Taos (VE) H            Served with Soft Tortilla (Vc) H and Salsa (Vc) H</p> <p>Green Garden Salad (Vc) H</p> <p>Salad Bar            Carrot and Lemon Salad (Vc) H</p>
<p>Pizza Choice (V) H</p> <p>Chef Choice Bean Salad (Vc) H</p> <p>Salad Bar            Fresh Marinated Vegetable Salad (Vc) H</p>	<p>Turkey Burger Deluxe OR Southwest Fish Sandwich H</p> <p>Baked French Fries (Vc) H</p> <p>Salad Bar            Pickles, Lettuce and Tomato (Vc) H</p>	<p>Crispy Chiklen Tenders H            With Dipping Sauce</p> <p>Superhero Spinach (Vc) H</p> <p>Sweet Potato Waffle Fries (Vc) H</p> <p>Garlic Knot (V) H</p> <p>Salad Bar            Celery and Apple Salad (V) H</p>	<p>Manicotti (V)            with marinara sauce (Vc)</p> <p>Fresh Seasoned Green Beans (Vc) H</p> <p>Warm Breadstick (Vc)</p> <p>New York Apple Slices (Vc) H</p> <p>New York Cookie Treat (V) H</p> <p>Salad Bar            Kid Friendly Kale Salad (V) H</p>	<p>Mediterranean Chickpea (VE) H            Served With Rice or Pasta (Vc) H</p> <p>Roasted Cauliflower and Broccoli (Vc) H</p> <p>Salad Bar            Spinach and Cranberry Salad (Vc) H</p>
<p>Mozzarella Sticks (V) H            with marinara sauce (Vc)</p> <p>Chef Choice Bean Salad (Vc) H</p> <p>Salad Bar            Balsic Green Bean Salad (Vc) H</p>	<p>Chiklen and Broccoli</p> <p>Vegetable Rice (Vc) H</p> <p>Roasted Baby Carrots (V) H</p> <p>Salad Bar            Asian Slaw (Vc) H</p>	<p>Roasted Chiklen</p> <p>Corn, Peas and Carrots (Vc) H</p> <p>Buttermilk Biscuit (V) H</p> <p>Salad Bar            Greek Zucchini Salad (Vc) H</p>	<p>Hamburgers &amp; Cheeseburgers Deluxe</p> <p>Baked French Fries (Vc) H</p> <p>New York Apple Slices (Vc) H</p> <p>Salad Bar            Pickles, Lettuce and Tomato (Vc) H</p>	<p>Black Bean and Plantain Rice Bowl (VE)</p> <p>Green Garden Salad (Vc) H</p> <p>Salad Bar            Carrot and Lemon Salad (Vc) H</p>
<p>Pizza Choice (V) H</p> <p>Chef Choice Bean Salad (Vc) H</p> <p>Salad Bar            Fresh Marinated Vegetable Salad (Vc) H</p>	<p>BBQ Chiklen Sandwich OR Southwest Fish Sandwich H</p> <p>Baked French Fries (Vc) H</p> <p>Salad Bar            Pickles, Lettuce and Tomato (Vc) H</p>	<p>Crispy Chiklen Tenders H            With Dipping Sauce</p> <p>Superhero Spinach (Vc) H</p> <p>Sweet Potato Waffle Fries (Vc) H</p> <p>Dinner Roll (V) H</p> <p>Salad Bar            Celery and Apple Salad (V) H</p>	<p>Chiklen Fajitas            Served with Soft Tortilla</p> <p>Salsa (Vc) H</p> <p>Street Style Corn (Vc) H</p> <p>New York Apple Slices (Vc) H</p> <p>New York Cookie Treat (V) H</p> <p>Salad Bar            Picade Cello (Vc) H</p>	<p>Zesty Chickpea Stew (VE)</p> <p>Vegetable Rice (Vc) H</p> <p>Curried Cauliflower (Vc) H</p> <p>Salad Bar            Cornish Corn Salad (Vc) H</p>

# Menu Accommodations

## Food Allergies

- Product label request
- A request is made at the point of service
- A medical accommodation (504 or IEP)

## Milk Options

- **Alternative milk options**
  - Includes Soy Milk and Lactose Free Milk. Available at all meals.

## Chocolate milk

- School Communities and Principals make the decision to choose chocolate milk to be removed from the menu, with the condition that two other milk alternatives still must be available (1% & Fat Free).



# Cafeteria Enhancement Experience

The DOE is focused on transforming middle and high school cafeterias into pleasant, welcoming spaces for students to enjoy nutritious meals. We have completed 60+ cafeterias across NYC.



## Four Pillars of CEE:

- 1. Student Choice-** variety of ways to consume fruits and vegetables: whole fruits, vegetable snacks, or fresh cut produce from salad bars
- 2. Fast Service, and More Time to Relax-** no longer have to wait in line to receive a meal, but instead can take pre-packaged meals, allowing more time to relax with classmates during lunch.
- 3. Modern Style-** Newly renovated cafeterias feel more welcoming
- 4. New Furniture-** Comfortable tables and chairs welcome students to their new space.

# Feedback and Discussion

